

## Spirometry (lung function) Assessments

### Health Monitoring Industry hazards on-site

*(eg. welding, painting,  
sandblasting)*



Bendigo Community Health Services offer workplace onsite spirometry assessments. The assessment focus is on the respiratory system and can identify lung function and capacity.

### Spirometry assessments - 30 minutes per individual appointment onsite

Includes:

1. explanation of assessment
2. completing minimum 3x spirometry readings
3. results compiled and report of results provided to individual (via private emailed with individual consent to release copy of report for placement on personal file via organisations nominated representative)
4. findings explained to individual referral to GP for further clinical assessment where required (individual has choice of own GP or referred to BCHS GP – individual to liaise with organisation regarding further medical assessment)

Individual Spirometry results will be recorded to enable comparison in future appointments (according to industry requirements) to monitor any deterioration in lung function and or compacity.

**Cost : \$95.00 + GST per individual**

**We look forward to working with your staff.**

We also provide other health and wellbeing services at your organisation worksite (see below):

### General Health

Comprehensive Health Assessment  
(40 minutes)

Health Assessment (30 minutes)

Basic Health Assessment (20 minutes)

Mini Health Assessment (10 minutes)

Organisation De-identified Health  
Assessment Profile Summary

### Pre-Employment

Basic Health Check (30 minutes —  
onsite)

### Spirometry Assessment

Lung function assessment  
(30 minutes — onsite)

### Immunisation

Influenza Vaccination — Two options  
at worksite or medical practice —  
request quote

Occupational Vaccinations — Medical  
Practice — request quote

### Physical Activity

Work Fit – Functional Fitness  
Education

Stand Up for Your Health

Fit and Fuelled for Life

### Mental Health and Wellbeing

Stress Management

How Are You?

Finding The Balance

Better Sleep

Fatigue Management

### Alcohol and Other Drugs

Quit Smoking

Alcohol and Other Drugs

### Specialist Areas

Women's Health Education

Men's Health Education