Headspace Bendigo will use a \$5000 donation from Mandalay Resources to install a shower for use by young people in need.

Mandalay Resources made the donation after seeing a headspace Bendigo campaign to buy a fridge and freezer to provide food for struggling young people amid a concerning trend of supermarket thefts.

Mandalay Resources general manager Andre Booyzen said the company and staff were pleased to help headspace Bendigo support young people in the community.

"Many of our employees are parents and carers of kids and teenagers, and understand some of the challenges that young people and families may face," he said.

"We were surprised to hear that kids in our town and region were struggling with access to basic facilities such as a regular hot shower.

"Our region has many great opportunities for a lot of us, but it's important to recognise that there are people in our community that need support. Headspace provide a great range of services and care and the fantastic team there needs to be congratulated for their great work and commitment."

Headspace Bendigo manager Jenny Singe said the team had been overwhelmed by the generosity of Mandalay Resources.

"This company is so very generous to the community and always giving," she said.

"Mandalay initially wanted to buy us a fridge. When they were told we had too many fridges now they asked what else they could buy us. We then met and discussed how we would love to put in a shower for the homeless.

"When they found out the shower was going to cost more than we originally thought, they had a fundraising night in-house and raised another \$3000. Now we have enough money to put the shower in and a few dollars left to buy towels and toiletries."

To help headspace Bendigo call 5434 5345.

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