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MEDIA RELEASE

headspace Bendigo revs up for Don't Blow A Gasket youth car rally

CAPTION: headspace Bendigo staff Ben Keath and Meg Bennett promote the Don't Blow A Head Gasket rally.

Headspace Bendigo is revving up for the 3rd annual Don't Blow A Head Gasket Youth Car Rally.

The show and shine rally for car enthusiasts aged up to 25 will be held in the Care Car Park in Mundy Street, Bendigo, from 10am to 1pm on April 16 as part of National Youth Week 2016.

Headspace Bendigo senior mental health clinician Lindsay Rose said the organisation was looking for car enthusiasts to join the rally.

"The event exceeded expectations when it was first held in 2014 and grew further last year with more sponsors and youth entrants," Mr Rose said.

"With more sponsors signed up and prizes on offer, the 2016 event promises to be the biggest one yet.

"Headspace Bendigo is putting the call out to local motoring enthusiasts to come along and show us your ride."

"This important event gives our local youth an opportunity to show that the majority of young drivers in our region are responsible, car loving enthusiasts.

"It also allows for our young people to show off their pride and joy and allow others to marvel at the time, blood, sweat and dollars spent on many of these vehicles."

Mr Rose said prizes would be awarded to the Sweetest Ride, Slickest Wheels, Best Sound and Fan Favourite.

The show and shine car rally is free of charge with all ages welcome to come and view display cars.

Beaurepaires Bendigo and Deano's Car Detailing are supporting the car rally.

For more information or to support the Don't Blow Your Head Gasket Youth Car Rally, contact headspace Bendigo via email at headspace@bchs.com.au or call 5434 5345.

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