What to do if you have tested positive for COVID-19

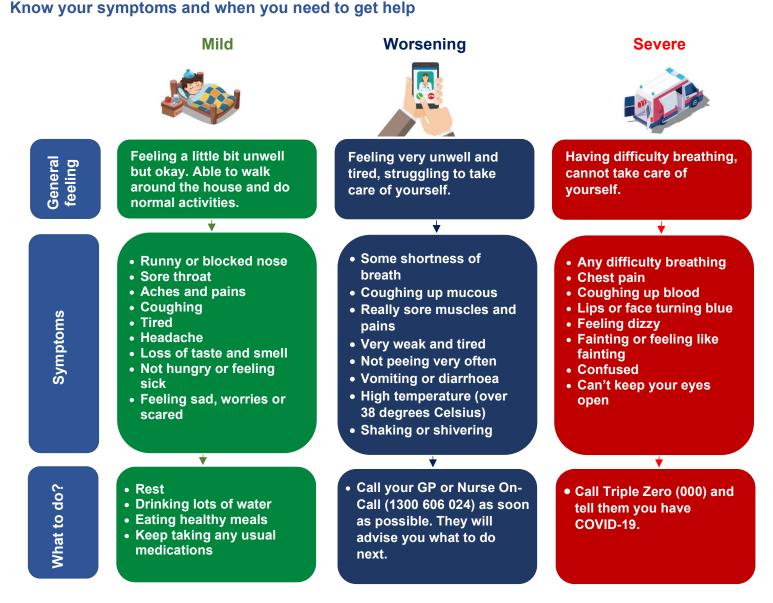
- Stay at home for 7 days
- If you test positive on a rapid antigen test (the test that you can do at home) you must tell the Department of Health online at <u>www.coronavirus.vic.gov.au/report</u> or via Coronavirus Hotline on 1800 675 389. Press 0 for an interpreter. You can also call the Karen Hotline 5406 1254/0437 418 284 or a Karen staff at Bendigo Health 0448585437 if you need help.
- People you live with or have spent more than 4 hours with must also stay at home for 7 days.

Who to tell

- Friends and family you have spent time with recently
- Your employer
- School or day care of your child

What to tell them

- I've tested positive for COVID-19
- We spent time together so you should get tested too



For more information about food relief, financial support, mental health support or registering your positive RAT result call the Karen hotline.





