

Where to go for Alcohol & Other Drug Support



It is important to get support if you or someone you know needs help to manage a substance use issue.

Bendigo Community Health Services

ph: 5406 1200

Confidential services available

*Counselling,
Mobile Drug Safety / Education
Family drug support*



Family Drug Support at BCHS

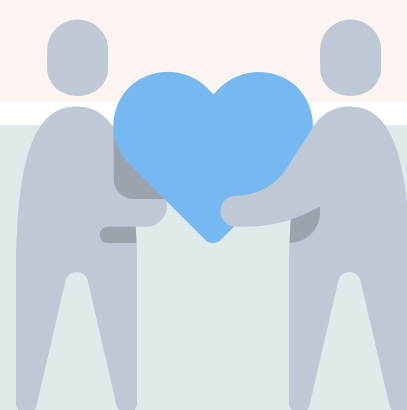
Free service for family members, inclusive of partners and friends of whom has a loved one with problematic drug and/or alcohol use.

Family Drug Support provides confidential counselling and/or group sessions where individuals can be assisted with boundary setting, conflict resolution and referral services.

YSAS

ph: 5444 2969

*Community based support for youth.
Services include outreach, counselling, home-based withdrawal for individuals 12 – 21 years in Bendigo.*



Orange Door

ph: 1800 512 359

Family Violence Support and Referral centralised Intake for any reports of family violence.

The Orange Door will assign the referral to a case worker who will complete a safety plan and refer to appropriate Family Violence Organisations for example The Centre for Non-Violence.

Family Violence Support – 1800RESPECT

ph: 1800 737 732

24/7 National counselling service for Sexual Assault and Family Violence



Lifeline

ph: 13 11 14

24/7 Crisis support

ACSO

Regional Victorian Intake line 1800 022 760
Mon – Fri 9.00am – 5.00pm

Referrals for Drug and Support Services.

ACSO is a centralised Intake and they complete small assessment and refer to appropriate organisations according to the individual's needs eg. Detox or Drug and Alcohol Counselling.



Australian Drug Foundation

ph: 1300 858 584

Confidential advice line.

Alcohol and Drug information and resources.

Path2Help online intake and service finder.



e-headspace

Young people can access eheadspace from 9am–1am Victorian time, seven days per week.

eheadspace provides young people with a safe place to access confidential and free online and telephone support and counselling.

Young people 12 – 25 and their families and friends

If you are facing an emergency call 000 immediately.