

JANUARY

Mo	Tu	We	Th	Fr	Sa	Su
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11	12	13	14	15	16	17
18	19	20	21	22	23	24
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FEBRUARY

Mo	Tu	We	Th	Fr	Sa	Su
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MARCH

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APRIL

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MAY

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JUNE

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JULY

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AUGUST

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SEPTEMBER

Mo	Tu	We	Th	Fr	Sa	Su
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OCTOBER

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NOVEMBER

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DECEMBER

Mo	Tu	We	Th	Fr	Sa	Su
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HeadtoHelp



1800 595 212

We find the mental health support
that's best for you

19 Helm Street, Kangaroo Flat, Victoria, 3555.
To find out more go to: headtohelp.org.au

HeadtoHelp is a collaborative initiative of Victoria's Primary Health Networks
and funded by the Australian Government.



BCHS can help you in these areas:

- Medical practice (GPs and nurses)
- Child and family services
- Mental health and counselling
- Women's health
- Alcohol and other drugs support
- Men's health
- Sexual health
- Podiatry
- Diabetes
- Workplace health
- Refugee settlement
- LGBTIQ+
- Strength training
- Walking groups
- Doctors In Schools
- Social Support Group at Elmore

Which site is closest?

Eaglehawk: 3 Seymoure Street.

Kangaroo Flat: 19 Helm Street.

Central: 165-171 Hargreaves Street.

Elmore: 46 Jeffrey Street.

headspace: 78-80 Pall Mall. (03) 5406 1400.

Online appointments: www.bchs.com.au

Call us on **5406 1200**