

JANUARY

Mo	Tu	We	Th	Fr	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31



Women's health



Men's health

FEBRUARY

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28

APRIL

Mo	Tu	We	Th	Fr	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

JUNE

Mo	Tu	We	Th	Fr	Sa	Su
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

AUGUST

Mo	Tu	We	Th	Fr	Sa	Su
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29

OCTOBER

Mo	Tu	We	Th	Fr	Sa	Su
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4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

DECEMBER

Mo	Tu	We	Th	Fr	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

MARCH

Mo	Tu	We	Th	Fr	Sa	Su
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



GPs (medical practice)



Workplace health

MAY

Mo	Tu	We	Th	Fr	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30



Settlement services



Nursing

JULY

Mo	Tu	We	Th	Fr	Sa	Su
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5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

SEPTEMBER

Mo	Tu	We	Th	Fr	Sa	Su
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6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

NOVEMBER

Mo	Tu	We	Th	Fr	Sa	Su
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8	9	10	11	12	13	14
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22	23	24	25	26	27	28
29	30					



HeadtoHelp

1800 595 212

We find the mental health support that's best for you

19 Helm Street, Kangaroo Flat, Victoria, 3555.
To find out more go to: headtohelp.org.au

HeadtoHelp is a collaborative initiative of Victoria's Primary Health Networks and funded by the Australian Government.



BCHS can help you in these areas:

- Medical practice (GPs and nurses)
- Child and family services
- Mental health and counselling
- Women's health
- Alcohol and other drugs support
- Men's health
- Sexual health
- Podiatry
- Diabetes
- Workplace health
- Refugee settlement
- LGBTIQ+
- Strength training
- Walking groups
- Doctors In Schools
- Social Support Group at Elmore

Which site is closest?

- Eaglehawk: 3 Seymoure Street.
- Kangaroo Flat: 19 Helm Street.
- Central: 165-171 Hargreaves Street.
- Elmore: 46 Jeffrey Street.
- headspace: 78-80 Pall Mall. (03) 5406 1400.
- Online appointments: www.bchs.com.au
- Call us on **5406 1200**