

## *External Expression of Interest Complimentary Therapists Partnership Opportunity Short Term Group Sessions*

Bendigo Community Health Services are seeking Complementary Therapists to partner with us in a project funded by Foundation House. This unique opportunity will see you utilising trauma informed and culturally informed practices to provide therapeutic group sessions to people from refugee and asylum seeker backgrounds.

The aim of the therapeutic groups is to work with people who have lived experience and symptoms of trauma, to assist them to manage their symptoms and to increase their mental health and physical well-being.

We would love to hear from you if you are a qualified, experienced Complementary Therapist who works in areas such as:

- Massage
- Yoga
- Naturopathy/Herbal medicine
- Nutritional and dietary support
- Creative Arts Therapy
- Movement Therapy or Physiotherapy
- Acupuncture
- Or similar...

We are looking for caring, thoughtful, motivated therapists who have an interest in working with this client group and who have an interest and willingness to learn about trauma informed and culturally informed practices. Training and support will be made available via the Foundation House Complementary Therapy Team regarding the specific nature of this work.

### Your commitment:

To co-facilitate one or two sessions within our therapeutic program to demonstrate and teach, skills, techniques and strategies to participants as well as explore the strategies they already utilise.

This position will be supported by BCHS' Bi-Cultural Workers, who will provide language support during these sessions. Support to learn how to work with interpreters for greater effectiveness will be provided.

Group session fees will be covered by project funding and therapists must be able to provide an invoice for services. We would also seek to work with therapists to provide sustainable, affordable and accessible referral pathways for participants.

If this opportunity sounds interesting, please give us a call to obtain further information. Casey Ross 5406 1200 or Janaya Wiggins 5406 1200 or mobile 0407 722 808.

*Bendigo Community Health Services encourages applications from individuals of all backgrounds and abilities.*