Ways to reduce your risk of Coronavirus

- Cover your mouth and nose with a tissue when you cough or sneeze.
- Practice regular hand washing with soap and water.
- Cover your mouth and nose with a tissue when you cough or sneeze.
- Avoid contact with people who are unwell.
- Avoid close contact with unrecognizable people.
- Avoid touching your eyes, nose, and mouth.
- Avoid sharing items with unrecognizable people.

What is Coronavirus?

Coronavirus (COVID-19) is a virus that causes respiratory illness. It is transmitted from person to person through respiratory droplets or contact with infected surfaces.

Other respiratory illnesses caused by related coronaviruses include:

- SARS (Severe Acute Respiratory Syndrome)
- MERS (Middle East Respiratory Syndrome)

Karen

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How is Coronavirus spread?

- Close contact
- Transmission through droplets
- Transmission through aerosols

What is close contact?

- Within 2 metres of an infected person
- Coughing, sneezing
- Directly in the mouth or eye
- No mask

What are the symptoms of Coronavirus?

- Temperature
- Runny nose
- Difficulty breathing
- Dry cough
- Fatigue

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