

Contact your nearest BCHS site

EAGLEHAWK

3 Seymoure Street
Phone: 5434 4300

Opening hours: Monday, Wednesday,
Thursday: 8am - 5.15pm. Tuesday: 8am -
7.30pm. Friday: 8.45am - 4.30pm.
Saturday-Sunday: Closed

KANGAROO FLAT

13 Helm Street
Phone: 5430 0500

Opening hours: Monday to Thursday: 8am -
5.15pm. Friday: 8.45am - 4.30pm.
Saturday-Sunday: Closed

BENDIGO CENTRAL

171 Hargreaves Street
Phone: 5448 1600

Opening hours: Monday to Thursday: 8am -
5.15pm. Friday: 8am - 4.30pm.
Saturday-Sunday: Closed

ELMORE

46 Jeffrey Street
Phone: 5432 6001
Fax: 5432 6101

Opening hours:
Monday to Friday: 9am - 5pm
Saturday-Sunday: Closed

POSTAL ADDRESS (ALL SITES)

PO Box 1121, Bendigo Central, Victoria, 3552
Fax all sites: 5441 4200
Email: bchs@bchs.com.au

Who is Bendigo Community Health Services and what do you offer?

Bendigo Community Health Services is a place you can go for health care, no matter who you are, where you live or how much you earn.

We are a not-for-profit organisation with more than 50 health and wellbeing services available, mostly free of charge but some at minimal cost.

We can help you in the following areas:

- **Medical practice** (GPs at four sites)
- **Men's health**
- **Women's health**
- **Allied health** (including podiatry, physiotherapy, chronic disease, and respiratory management)
- **Child and family services**
- **Settlement services**
- **Sexual health**
- **Counselling and mental health**
- **Alcohol and other drugs treatment and withdrawal programs.**
- **NDIS services**
- **My Aged Care services**

Connect with us at

www.bchs.com.au



**If you have an emergency,
call 000 immediately.**



Community Harmony Program

Understanding the refugee journey



Understanding Karen culture



This workshop aims to provide community workers and service providers with a better understanding of the Karen community and their culture in Australia. At the end of the workshop, participants are expected to have gained a better understanding of:

- ♦ Karen culture
- ♦ Family structure
- ♦ Important festivals and events
- ♦ History of peoples of Burma
- ♦ The importance of using interpreters

Cost: negotiable.

Presented by Karen settlement staff.

For more information contact
kayegraves@bchs.com.au.

Understanding Islam and Muslims in Australia



The workshop aims to provide you with a better understanding of Islam and Muslims in Australia. At the end of the workshop, participants are expected to have gained a better understanding of:

- ♦ The five pillars of Islam
- ♦ Islamic values
- ♦ Life events in Muslim families
- ♦ Women and Islam
- ♦ Islamic festivals and customs
- ♦ Strategies for working with Muslim families

Cost: free.

For more information contact
conchitaollivier@bchs.com.au.



Funded by Department of Premier and Cabinet



The workshop will provide a better understanding of the pre and post refugee settlement experiences, programs and services offered to assist with settlement.

Cost: negotiable.

Presented by: Refugee Settlement and Cultural Diversity Team.

For more information contact
kayegraves@bchs.com.au.